

# HELLINGER



## EDUCATION AND TRAINING

### FOR A SUCCESSFUL LIFE

**Hellinger**<sup>®</sup>  
schule

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**EDUCATIONAL OFFER**

**FROM THE SOURCE**

**HELLINGER SCIENCIA®**

**ON- UND OFFLINE**



**LIFE SKILLS CERTIFICATE**



**LIFE UNIVERSITY**



**DIPLOMA-TRAINING**

Bert is the originator and founder of Family Constellations. His spirit of research, pioneering, and creativity never rested. The results of this extensive and collaborative research work are what Bert and Sophie Hellinger called Hellinger Scientia®.

Hellinger Scientia® is "the science of all interpersonal relationships."

The essence of this work is captured in 112 books available in 41 languages. The video archive of Hellinger® publications contains over 4,000 hours of teaching and learning videos, as well as audio recordings.



### BERT HELLINGER

identified the fundamental principles of life, which he referred to as the "Orders of Love."

These principles allow us to view and understand human relationships differently, helping us guide others toward a successful life.

These movements are always driven by love, which can lead to either fulfillment or, if acted upon without understanding, disasters for oneself and others.

**The Hellinger® School** adheres to the teachings and insights of **Hellinger Scientia®**, offering experiential learning in both theory and practice.

It maintains a connection to the origins of Bert Hellinger's profound insights, which have only recently been scientifically validated by the field of epigenetics.

### SOPHIE HELLINGER



founded the Hellinger® School in 2000 and led it to worldwide success.

The Hellinger® School is primarily a school for achieving success in all areas of life.

The Hellinger® School serves those who wish to make more of their lives and are ready to set their life on a course toward success. It provides people, through seminars and online courses, with the essential tools they need to transform from victims into creators of their own lives.

The school guarantees the quality and purity of Original Hellinger® Family Constellations, in line with the spirit of Bert and Sophie Hellinger.

The Hellinger® School is recognized by the Government of Upper Bavaria as an educational institution and adult continuing education provider.



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# Training and Further Education directly from the Source

## *Pure Life Guidance*

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### Structure

#### Modules 1 – 6 Foundation „Life Skills Certificate“

*Basic knowledge of Family Constellations for personal success and a foundation for personal development.*

With us, you will discover what is blocking you and learn how to make the right decisions for a successful and happy life.

#### Modules 7 – 11 Deepening „Life University“

*Laws that govern life and career.*

We show you how to optimize your professional future by incorporating and applying universal life laws and Family Constellations.

#### Modules 12 – 18 Finalization „Diploma“

*Diploma Training to become an Original Hellinger® Family Constellator with a certificate.*

Become an Original Hellinger® Family Constellator as a profession.

We, the source, with our extensive experience, provide you with the knowledge and skills needed to work professionally as an

### Original Hellinger® Family Constellator

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# FOUNDATION TRAINING LEVEL 1

## LIFE SKILLS CERTIFICATE

Foundation for Personal Development and Basic Knowledge of Family Constellations for Personal Life Success

### Modules 1 – 6

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<b>Module 1</b>	Development of Family Constellations & Basic Knowledge	<ul style="list-style-type: none"> <li>• Foundations, Principles, Methods</li> <li>• Benefits and Applications</li> </ul>
<b>Module 2</b>	Systemic Laws	<ul style="list-style-type: none"> <li>• The Orders of Love</li> <li>• Systemic Rules and Dynamics</li> </ul>
<b>Module 3</b>	Our Roots – our Mother	<ul style="list-style-type: none"> <li>• The Significance of the Mother in Our Life</li> <li>• Separations, Abortions, Adoptions</li> </ul>
<b>Module 4</b>	Our Origins, our Father	<ul style="list-style-type: none"> <li>• The Significance of the Father in Our Life</li> <li>• Giving the Father a Place in Our Heart</li> </ul>
<b>Module 5</b>	Partnership – How love endures	<ul style="list-style-type: none"> <li>• Love, Separation, Divorce, Death</li> <li>• Resolution and Strengthening of Partnership</li> </ul>
<b>Module 6</b>	Health and Illness	<ul style="list-style-type: none"> <li>• Meaning/Background of Illness</li> <li>• Mental Disorders</li> </ul>

**Flexible Module Selection:** Adapt your learning pace and schedule to your needs and interests.

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No entry requirements. Everyone is welcome!

Pure online participation possible, no attendance required.

Each module lasts 2 days.

**Investment:** Each module costs € 800 online, € 740 in person.

**Dates available at [www.hellinger.com/seminare](http://www.hellinger.com/seminare)**

# FOUNDATION TRAINING LEVEL 1

## LIFE SKILLS CERTIFICATE

Foundation for Personal Development and Basic Knowledge of Family Constellations for Personal Life Success

### Modules 1 – 6

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Participation Requirement for the Life License:

None. Everyone is welcome!

**For the entire duration of studies,**  
an annual enrollment fee of €100 and the  
annual membership fee for Hellinger® Membership of €100 are mandatory.

Invoices for these fees will be emailed to students at the beginning of each year.

### Seminar Dates

Start ANYTIME

Find & book dates at [www.hellinger.com/seminare](http://www.hellinger.com/seminare)

### Investment

**6 Modules – PER MODULE**

€ 740.- for in-person participation

€ 800.- for online participation

### Seminar Location

Bad Reichenhall/Germany and Online

### Participation Confirmation

From the Source of Original Hellinger® Family Constellations

The foundation training can also be completed entirely through online participation. We recommend in-person attendance.

Each module lasts 2 days.

# DEEPENING LEVEL 2

## LIFE UNIVERSITY

Laws That Govern Life and Career

### Modules 7 – 11

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<b>Module 7</b>	Recognize Core Attitude, Assess Self-Worth/Confidence	<ul style="list-style-type: none"> <li>• Self-Reflection and Inner Attitude</li> <li>• Strengthening Self-Worth and Confidence</li> </ul>
<b>Module 8</b>	My Place in the Family, My Place in the Company	<ul style="list-style-type: none"> <li>• Roles and Dynamics in Families</li> <li>• Position and Opportunities in the Company</li> </ul>
<b>Module 9</b>	Career, Vision, Talent	<ul style="list-style-type: none"> <li>• Developing Professional Visions</li> <li>• Talents, Strengths, and Weaknesses</li> </ul>
<b>Module 10</b>	Pedagogy – Children, Parents, Teachers	<ul style="list-style-type: none"> <li>• Principles of Hellinger Pedagogy</li> <li>• Communication in Educational Contexts</li> </ul>
<b>Module 11</b>	Decision-Making and Conflict Resolution	<ul style="list-style-type: none"> <li>• Methods for Decision-Making</li> <li>• Conflict Management in the Workplace</li> </ul>

**Flexible Module Selection:** Adapt your learning pace and schedule to your needs and interests.

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Entry Requirement: Completion of Level 1 Life Skills Certification

Pure online participation possible, no attendance required.

Each module lasts 2 days.

**Investment:** Each module costs € 800 online, € 740 in person.

**Dates** available at [www.hellinger.com/seminare](http://www.hellinger.com/seminare)



# DEEPENING LEVEL 2 LIFE UNIVERSITY

Laws That Govern Life and Career

## Modules 7 – 11

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### Participation Requirement for the Life University:

Completion of Level 1 Life Skills Certificate

**For the entire duration of studies, an annual enrollment fee of €100 and the annual membership fee for Hellinger® Membership of €100 are mandatory**

Invoices for these fees will be emailed to students at the beginning of each year.

### Seminar Dates

Start ANYTIME

Find and book dates at [www.hellinger.com/seminare](http://www.hellinger.com/seminare)

### Investment

5 Modules – PER MODULE

€ 740.- for in-person participation

€ 800.- for online participation

### Seminar Location

Bad Reichenhall/Germany & Online

### Participation Confirmation

From the Source of Original Hellinger® Family Constellations

The foundation training can also be completed entirely through online participation. We recommend in-person attendance.

Each module lasts 2 days

# FINALIZATION LEVEL 3 DIPLOMA

Original Hellinger® Family Constellator as a Profession

## Modules 12 – 18

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<b>Module 12</b>	Field-Specific Deepening: Women, Men, Couples, Love, Children	<ul style="list-style-type: none"> <li>• Systemic Dynamics in the Workplace</li> <li>• Financial Topics, Inheritance</li> </ul>
<b>Module 13</b>	Independently Leading Constellations Practice Module 3 Days	<ul style="list-style-type: none"> <li>• Guided Practice Exercises, Deepening</li> <li>• Advanced Constellation Techniques</li> </ul>
<b>Module 14</b>	Field-Specific Deepening: Business, Work, Success, Money, Inheritance	<ul style="list-style-type: none"> <li>• Systemische Dynamiken im Beruf</li> <li>• Finanzielle Themen, Erbschaft</li> </ul>
<b>Module 15</b>	Independently Leading Constellations Practice Module 3 Days	<ul style="list-style-type: none"> <li>• Guided Practice Exercises, Deepening</li> <li>• Advanced Constellation Techniques</li> </ul>
<b>Module 16</b>	Conscience and Balance	<ul style="list-style-type: none"> <li>• All Questions/Topics on Conscience</li> <li>• Principles of Balance</li> </ul>
<b>Module 17</b>	Independently Leading Constellations Practice Module 3 Days	<ul style="list-style-type: none"> <li>• Leading Complex Constellations</li> <li>• Detailed Feedback, Fine-Tuning</li> </ul>
<b>Module 18</b>	The Profession of Family Constellator (Individual Work, Group Work...)	<ul style="list-style-type: none"> <li>• Individual vs. Group Work – Comparison</li> <li>• Professional Practice, Personal Attitude</li> </ul>

**Flexible Modules:** Adapt your learning pace and schedule to your needs and interests.

**Entry Requirement:** Completion of Level 1 Life Skills Certificate and Level 2 Life University

Online participation is possible, with mandatory attendance for 3 seminars (practice modules)

**Investment:** The practice modules (in-person only, 3 days) cost €980 each.

Every other module costs € 800 online, € 740 in person.

Dates available at [www.hellinger.com/seminare](http://www.hellinger.com/seminare)

# FINALIZATION LEVEL 3

## DIPLOMA

Original Hellinger® Family Constellator as a Profession

### Modules 12 – 18

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**Participation Requirement** for the Diploma Training:

Completion of

Level 1 Life Skills Certificate and Level 2 Life University

**For the entire duration of studies,**

an **annual enrollment fee** of €100 and the

annual **Hellinger® Membership fee** of €100 are mandatory

### Seminar Dates

Start ANYTIME

Find and book dates at [www.hellinger.com/seminare](http://www.hellinger.com/seminare)

### Investment 7 Modules – PER MODULE

€ 740.- for in-person participation

€ 800.- for online participation

€ 980.- Practice Module (only in-person, 3 days)

### Seminar Location

Bad Reichenhall/Germany & Online

### DIPLOMA

From the Source of Original Hellinger® Family Constellations

Online participation is possible, with mandatory attendance for 3 seminars (practice modules). One module lasts 2 days – the practice modules 3 days.

# TRAINING

## TO BECOME AN ORIGINAL HELLINGER® FAMILY CONSTELLATOR DIRECTLY FROM THE SOURCE

### Selection of Learning Content

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- Orders of Love – Basic laws of life, their effects, and applications
- Fundamentals of Constellation Work – Why, when, and how is constellation work used and applied?
- Family of Origin and Present Family – Identifying supportive and burdensome elements in families
- Who belongs to the system? Understanding the laws that define belonging
- Consequences of abortion and adoption
- What can I understand by systemic entanglement?
- What are primary and secondary feelings? How can they be recognized and changed?
- Good and bad conscience – Where do they lead? What is their significance?
- Partnership – Joy and Suffering – How does happiness return and remain?
- What is a phenomenological attitude, and what does it accomplish? How do I live it?
- Perception training – Presence goes far beyond any imagination
- Self-experience, supervision, and practical exercises

#### LEVEL 1

The first 6 modules are a life training for personal growth and both private and professional life. They serve personal development and the release from old images and burdens. They convey the fundamentals and basic knowledge of family constellations.

#### LEVEL 2

These 5 modules offer specialized deepening in family constellations. Course participants receive comprehensive knowledge in theory and practice to be able to apply the insights of family constellations in their own profession.



#### LEVEL 3

These 7 modules form the royal path to a diploma as a family constellator! This course leads you to a certified diploma, making you an expert in systemic family constellations. Earn a diploma that officially confirms your competence and qualification as an **Original Hellinger® Family Constellator**.

# WE LOOK FORWARD TO WELCOMING YOU!

If you have any questions about the training and registration, you can ask us anytime

Mail to [education@hellinger.com](mailto:education@hellinger.com)  
[www.hellinger.com](http://www.hellinger.com)

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 900 4787

